Faculty Coordinators: Prof Pragti Chhabra, Prof Khan Amir Maroof, Dr Aparna Kapoor

Residents: Dr Naudibya, Dr Shivani, Dr Urmimala, Dr Sangya

**Timetable for first slot - 20-24 March 2023**

| Date/Day | Topic/ Facilitator  (Morning) | Topic/ Facilitator  (Afternoon) |
| --- | --- | --- |
| 20.3.23 Mon | 9-10am- Optimum IYCF - Dr Pragti Chhabra  10-12am- Anatomy/Physiology of Breastfeeding - Dr Amir M K  12-1pm - Maternal Nutrition guidelines - Dr [Pragti Chhabra](mailto:pragschhabra@gmail.com) | 2pm-4pm - Listening and Learning skills - IYCF counselling   * Dr Naudibya, Dr Shivani |
| 21.3.23 Tue | 9 am -1 pm Visit to Ghazipur Health centre - Maternal dietary history   * Dr Aparna Kapoor, Dr Shivani, Dr Urmimala | 2-4pm - Reflection writing and feedback   * All available facilitators |
| 22.3.23 Wed | 9am to 1pm Visit to Ghazipur Health Centre - Breastfeeding assessment and using Listening and learning skills   * Dr Shivani, Dr Urmimala | 2-4pm - Reflection writing and feedback   * All available facilitators |
| 23.3.23 Thurs | 9am-10 am - Myths of breastfeeding   * Dr Amir MK   10am to 1pm - Building confidence and checking understanding   * Dr Naudibya, Dr Amir MK | 2-4 pm - Breastfeeding attachment and positioning   * Dr Naudibya, Dr Sangya * Dr Shivani, Dr Urmimala |
| 24.3.23 Fri | 9am -10am - Complementary feeding guidelines   * Dr [Pragti Chhabra](mailto:pragschhabra@gmail.com), Dr Shivani   10am-1pm - Complementary feeding preparation   * Dr Shivani, Dr Aparna, Dr Amir | 2-4 pm - Reflection writing and feedback - assessment of Logbook   * All available facilitators |

**Timetable for second slot - 27-31 March 2023**

| Date/Day | Topic/ Facilitator  (Morning) | Topic/ Facilitator  (Afternoon) |
| --- | --- | --- |
| 27.3.23 Mon | 9-10am- Optimum IYCF   * Dr Pragti   10-12am- Anatomy/Physiology of Breastfeeding   * Dr Amir MK,   12-1pm - Maternal Nutrition guidelines   * Dr [Pragti Chhabra](mailto:pragschhabra@gmail.com) | 2pm-4pm - Listening and Learning skills - IYCF counselling   * Dr Naudibya, Dr Shivani |
| 28.3.23 Tue | 9 am -1 pm Visit to Ghazipur Health centre - Maternal dietary history   * Dr Aparna Kapoor, Dr Shivani, Dr Urmimala | 2-2.45pm - Myths of breastfeeding   * Dr Naudibya   2.45 - 4 pm - Building confidence and checking understanding   * Dr Shivani |
| 29.3.23 Wed | 9am to 1pm Visit to Ghazipur Health Centre - Breastfeeding assessment and using Listening and learning skills | 2-4pm - Reflection writing and feedback   * All available facilitators |
| 30.3.23 Thurs | Gazetted Holiday | |
| 31.3.23 Fri | 9am -10am - Complementary feeding guidelines   * Dr [Pragti Chhabra](mailto:pragschhabra@gmail.com), Dr Shivani   10am-1pm - Complementary feeding preparation   * Dr Shivani, Dr Aparna, Dr Amir | 2-4 pm - Reflection writing and feedback - assessment of Logbook   * All available facilitators |

**Attendance Sheet for first slot - 20-24 March 2023**

| Date/Day | Morning | Afternoon | Assessment grade |
| --- | --- | --- | --- |
| 20.3.23 Mon |  |  |  |
| 21.3.23 Tue |  |  |  |
| 22.3.23 Wed |  |  |  |
| 23.3.23 Thurs |  |  |  |
| 24.3.23 Fri |  |  |  |

**Signature and name of teacher:**

**Date:**

**Attendance Sheet for second slot - 27-31 March 2023**

| Date/Day | Morning | Afternoon | Assessment Grade |
| --- | --- | --- | --- |
| 27.3.23 Mon |  |  |  |
| 28.3.23 Tue |  |  |  |
| 29.3.23 Wed |  |  |  |
| 30.3.23 Thurs | Gazetted Holiday | |  |
| 31.3.23 Fri |  |  |  |

**Signature and name of teacher:**

**Date:**

**Logbook**

Name of the student:

Date of posting from: ……………………. To …………………………….

Roll no……………..

MBBS Batch: ………………

**Reflection writing - 1**

What did you observe during the visit?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

What did you learn from the visit?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

How can you use this learning experience to support maternal, infant and young child nutrition?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

**Reflection writing - 2**

What did you observe during the visit?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

What did you learn from the visit?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

How can you use this learning experience to support maternal, infant and young child nutrition?

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

…………………………………………………………………………………………………………..

**Assessment report**

Mr/Ms ……………………………………………………………… Roll no………………. Student of MBBS batch ……………… has attended the elective posting titled: Maternal, Infant, and Young Child Nutrition (including IYCF counselling) in the department of Community Medicine from date: ………………………………….. To date:................................................... and has achieved a grade of Outstanding / Very good/ Good/ Average/ Needs improvement ………………………………………………

This grading is based on the participation in the teaching learning activities, their conduct with the mothers coming to the urban health centre and the healthcare staff during their visit, their reflection writing, and viva-voce assessment to assess their gain in knowledge and skills.

Signature and name of the Faculty Coordinator:

Date: ……….